

# Tour de Squamish - Race Notice

Saturday, September 17, 2022

<b>Date:</b>	Saturday, Sept 17, 2022 - Live Event
<b>Host:</b>	SORCA
<b>Race Format:</b>	<p>3-Leg Team Relay - Teams of 3 riders</p> <p>Stage 1: GearJammer <b>XC</b> (with Lemans start) Stage 2: JABR <b>Super-D</b> Stage 3: Test of Metal <b>Enduro</b> (2 stages)</p> <p>Each team will use one (1) timing tag that they will pass like a baton at each leg.</p> <p>The timing tag will belong to the <u>team captain</u> and will be the same tag as that person has used for the SORCA Cincos (if they have participated).</p> <p>If the team captain <b>does not</b> currently have a valid tag, one will be assigned at Pre-Registration on September 16th.</p> <p>To see if your tag is valid, use this <a href="#">tag tester link</a>.</p> <p>If you are not the team captain, please leave your timing tag at home.</p> <p>E-Bikes not permitted</p>
<b>Entry:</b>	<p>Online registration is required.</p> <p>Only the team captain will register and pay. The other two team members <b>do not</b> need to register. (They do need to pay their team captain back, though!)</p> <p>Registration opens: Wednesday, July 27th 7:00am Registration closes: Sunday, September 11th, 11:59pm</p> <p><a href="https://spruceregistrations.com/sorca/register">https://spruceregistrations.com/sorca/register</a></p> <p>Team registration is \$180 (\$60 per person) + admin. fees. This includes race entry, Super-D shuttle (for Super-D riders), dinner and the first couple of drinks on us.</p>

	<p><b>To register, the team captain will need the following information:</b></p> <ul style="list-style-type: none"> <li>- Team Name.</li> <li>- First/last name of each team member, their email, and which leg they are doing.</li> <li>- Combined age of all team members (as of Dec 31, 2022)</li> <li>- Team gender (All Male, All Female, Mixed)</li> <li>- The merchandise that each team member will want to purchase, including sizes. <ul style="list-style-type: none"> <li>- 30th Anniversary T-shirt: \$34.99</li> <li>- 30th Anniversary Hat: \$40 (one size)</li> <li>- SORCA Socks: \$20 (one size)</li> </ul> </li> <li>- Optional donation amount to Squamish Search &amp; Rescue. Recommended \$30/team (\$10/person)</li> </ul> <p>If you don't know some of the information when you register, don't worry. You can edit the details at the link below after you are finished registering, up until the registration close date.</p> <p><a href="https://spruceregistrations.com/sorca/me">https://spruceregistrations.com/sorca/me</a></p>
<p><b>Membership:</b></p>	<p>SORCA membership is required for the team captain.</p> <p>Non-SORCA members are allowed to participate, however they will need to purchase a membership or pay an additional \$30 single day membership during registration.</p>
<p><b>Rules:</b></p>	<p>The timing tag is the baton and must be passed from one rider to the next.</p> <p>Since each leg is timed separately, there is no need to rush at the transitions. Finish your leg, take a breath, chat with your team mate, and when they're ready to ride, cheer them on.</p> <p>The leg 3 enduro contains two stages. As with any enduro, the transitions are not timed, so you can take your time and chill.</p> <p>Otherwise, please follow <a href="#">proper trail etiquette</a> and ride single file on all roads.</p> <p>E-bikes not permitted.</p>
<p><b>Categories &amp; Points:</b></p>	<p>There will be nine (9) categories. They will be classified by combined age and gender as follows:</p>

	<p>Youth Female Youth Male Youth Mixed</p> <p>Open Female Open Male Open Mixed</p> <p>Masters Female Masters Male Masters Mixed</p> <p>Combined Age of Team (as of Dec 31, 2022):</p> <ul style="list-style-type: none"> <li>- Youth: 0-45 years</li> <li>- Open: 46-134 years</li> <li>- Masters: 135+ years</li> </ul> <p>Points System:</p> <ul style="list-style-type: none"> <li>- Points will be scored separately for each leg.</li> <li>- The top rider in each leg for each category will receive 80 points.</li> <li>- The second place rider will receive 79 points, and so on.</li> <li>- The points will be added up across all three legs to determine the team's overall points.</li> <li>- The team with the highest point score wins!</li> <li>- Ties will be broken by total time (XC + Super-D + x2 Enduro Segments).</li> </ul> <p><i>Ex: Team-Most-Fun scores 5th in Stage 1 (76 points), 12th in Stage 2 (69 points) and 2nd in Stage 3 (79 points). Team-Most-Fun's final point score is 224.</i></p>
<p><b>Event Start:</b></p>	<p><a href="#">Garibaldi Highlands Elementary Field</a></p> <p>Parking: Ecole Garibaldi Highlands School <a href="#">parking lot</a> or gravel lot at Quest as overflow.</p> <p><i>We strongly suggest riding to the start location to minimize disruption to residential areas. If that is not possible, please carpool with your team and friends.</i></p>
<p><b>Start Time:</b></p>	<p>Welcome and Land Acknowledgement: <b>9:00am</b></p> <p>Attendance strongly recommended for all riders.</p> <p>See Event Package pick up details below.</p>
<p><b>Event Package Pickup:</b></p>	<p>Option 1 (<i>strongly recommended</i>): <b>Friday, Sept 16th - 4:00-7:00pm</b> - Norman Rudy's patio</p>

	<p>Option 2 (<i>limited</i>): Saturday, Sept 17th - 8:00-8:45am - Garibaldi Highlands Elementary</p> <p>All team members must pick up event wristbands and any pre-purchased merch. If you are not a team captain, you will need to sign a waiver in person.</p> <p>If you are the team captain and you already have a valid Spruce timing tag, you will not need a new tag. To see if your tag is valid, use this <a href="#">tag tester link</a>.</p> <p>If you are the team captain and you <b>do not</b> have a valid Spruce timing tag, you will need to pick one up.</p> <p>If you are the team captain, you will need to <b>give your tag to your XC rider</b> (if not you) so they have it when they start the race.</p>
<p><b>Course &amp; Cutoff Times:</b></p>	<p>Course map will be released <b>2 weeks prior to the event</b>.</p> <p>Leg 1: GearJammer <b>XC</b> + Lemans start</p> <ul style="list-style-type: none"> <li>● Social group ride to race start from GHE</li> <li>● Start: <a href="#">Bottom of Cliff's Corners</a>, on Mashiter</li> <li>● <b>Gun Start: 11:00am</b></li> <li>● XC rider will start with team captain's timing tag</li> <li>● Distance: 18.6km</li> <li>● Ascent: 787m</li> <li>● Descent: 312m</li> <li>● Difficulty: Blue Square</li> </ul> <p>Leg 2: JABR <b>Super-D</b></p> <ul style="list-style-type: none"> <li>● Transition Zone: <a href="#">Short Circuit (Upper)</a> - <i>Right after the upper climb trail crosses Grin and Holler for the first time.</i></li> <li>● XC rider will hand off timing tag to Super D rider</li> <li>● Shuttles will begin leaving from Garibaldi Highlands Elementary at 10:15 AM.</li> <li>● Distance: 5.7km</li> <li>● Descent: 575m</li> <li>● Ascent: 44m</li> <li>● Difficulty: Blue Square / Black Diamond</li> </ul> <p>Leg 3: Test of Metal <b>Enduro</b></p> <ul style="list-style-type: none"> <li>● Transition Zone: <a href="#">Bottom of Pseudo-Tsuga - Part 3</a></li> </ul>

	<p>- <a href="#">Climb Trail Parking Lot</a></p> <ul style="list-style-type: none"> <li>• Super-D rider will hand off timing tag to Enduro rider</li> <li>• Cut off time to start Enduro will be 4:00pm</li> <li>• Timed Descents: 220m &amp; 145m</li> <li>• Total Distance (including transitions): 11km</li> <li>• Difficulty: Black Diamond</li> </ul>
<b>Results:</b>	<p>See Categories and Points section above for how the race results will be determined. That said, individual times will also be available at:</p> <p><a href="https://www.spruceracetiming.com/sorca/results">https://www.spruceracetiming.com/sorca/results</a></p>
<b>Spectators:</b>	<p>Our racers would love to hear your cheers, bells and whistles. Find a safe space to stand off the trail, and have fun! As we get closer to the event and circulate the course, we will be recommending some great viewing locations.</p> <p><i>In order to minimize disruption to residential areas, we would strongly encourage all spectators to ride or walk to your cheering spot.</i></p>
<b>After Party Location &amp; Time:</b>	<p><a href="#">Norman Rudy's</a> - <b>5:00pm</b> onward  <i>Please plan for a safe ride home from the after party.</i></p>
<b>Awards:</b>	<p>Awards will be handed out at <b>7:00pm</b> for the top three teams in each category.</p> <p>There will also be a Team Spirit award! Feel free to dress up in costume, cheer loud, and have fun!</p>
<b>Volunteers:</b>	<p>SORCA's engine is built on volunteer power. We love vollies! If you are interested in volunteering, <a href="#">please fill out this form</a>. We will be in touch closer to the date. Key volunteers will receive a complimentary ticket to the apres party.</p>

**FAQ:**

**This race sounds hardcore. How hardcore do I need to be?**

Every participant is encouraged to go at the pace that they are comfortable with. We have designed enough time for every rider to complete each stage safely. If you need to take a break, or walk part of the course, do it! We think you are awesome for showing up :)

### **Should we dress up in costumes?**

There is certainly no mandate to dress in costume but if you choose to, we will enjoy the show and will be recognizing the team with the best SPIRIT at the end of the day to which a costume WILL play a role.

### **I have a SORCA timing tag. Do I need another one?**

No. The team captain's tag will be used for all three relay legs. If you are the team captain and don't have a tag, you can pick one up at Event Package Pickup. If you are not a team captain, you do not need a tag.

### **I am not racing, but would like to support SORCA / a team member. Can I attend the After Party?**

Thanks for asking. The After Party is limited to participants and pre-registered volunteers only. We would absolutely love to see you race. Spectators are also encouraged along the race route. Find a safe space to stand off the trail, bring your cowbells and noisemakers, and have fun!

### **What is a Lemans start?**

It means you have to lay all the bikes in a row 50m or so ahead of the actual start line and you have to run to your bike at the start, jump on and start pedaling. Can you say old school?

### **What is an XC?**

XC stands for cross country. This type of race is a mass start and the timer stops when you reach the finish. Typically there is plenty of climbing to be done, and the descents are not as technical as a Super D or Enduro.

### **What is a Super D?**

A Super D (super downhill) race is a single timed stage that is mostly descending and usually fairly long. There will be a few shorter climbs during the stage.

### **What is an Enduro?**

An Enduro consists of 2 or more timed descents that are shorter than a Super D. Time spent pedaling between the timed descents are called Transitions. Transitions are not timed.

### **I am a spectator. Where should I park?**

In order to minimize disruption to residential areas, we would strongly encourage all spectators to ride or walk to your cheering spot.

**I do not have a full team. What should I do?**

Although we would far prefer teams of three, if you can't find a replacement, you can still participate with a team of two. One rider can complete two legs. The full race fee still applies.

Get creative! Try to recruit your friends, your neighbour, your sister. You could also try posting on the Bike Squamish Facebook group. Time to make a new friend.

**Can I use my e-bike?**

We recognize the XC course is very challenging however e-bikes are not permitted for this event.

**Can I do the race solo (all three legs)?**

Wow, you're strong. No. This is a relay race but we take our hat off to you for asking.

**I would like to volunteer? How do I sign up?**

We need lots of volunteers for this event. Please let us know your interest [here](#) and we will follow up with you about our volunteer needs.

**Can I get a refund after I've registered?**

Refunds will not be permitted after you register. Only the captain needs to register and does not have to provide their teammates' names at the time of registration. SORCA will review written submissions for extenuating circumstances requesting refunds.